



Dressing & Comfort

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1 Coilers

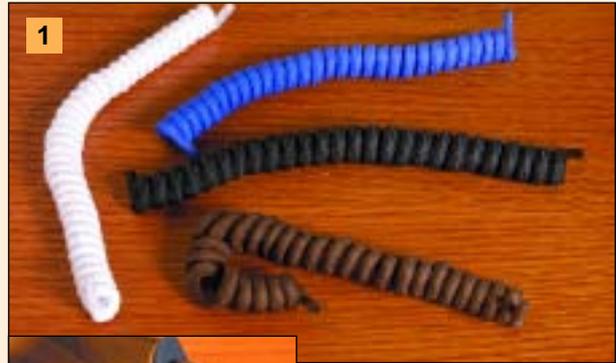
Easy-to-use Coilers never need tying. Coilers may be tightened or loosened, but never need tying. They have no pressure points and allow natural movement. Fits up to eight pairs of eyelets. Sold in pairs.

PR55001 Black

PR55003 White

PR55002 Brown

PR55004 Royal Blue



2 Elastic Shoelaces

Turn a lace-up shoe into a slip-on shoe. Ideal for people with limited back mobility, decreased hip flexion or limited hand dexterity. Lace and tie shoes in the normal manner just once. Shoes can be slipped on or off easily without tying and untying. Elastic shoelaces measure 610mm (24") long. Two pairs per package.

PR55000 Black

PR55022 Brown

PR55023 White



3 Deluxe Elastic Shoelaces

Durable laces for active wear. Designed for athletic shoes with five, six or seven eyelet sets. Thicker and easier to handle than other elastic shoelaces, these laces are $\frac{1}{4}$ " (6.4mm) wide. Available in two lengths. White only. Two pairs per pack.

PR55026 686mm (27") length

PR55027 940mm (37") length





Dunlop Slippers

These comfortable and stylish slippers have a wide opening for swollen feet, the hook and loop fastening ensures these slippers are easy to put on and take off. These machine washable slippers have non slip hardwearing soles. The slippers are available in a variety of sizes and in male and female versions.



Bluebell



Betsy



Albert

Code	Slipper	Male/Female	Size	Colour
PR55150/BL/3	Bluebell	Female	3	Blue
PR55150/BL/4	Bluebell	Female	4	Blue
PR55150/BL/5	Bluebell	Female	5	Blue
PR55150/BL/6	Bluebell	Female	6	Blue
PR55150/BL/7	Bluebell	Female	7	Blue
PR55150/BL/8	Bluebell	Female	8	Blue
PR55150/BU/3	Bluebell	Female	3	Burgundy
PR55150/BU/4	Bluebell	Female	4	Burgundy
PR55150/BU/5	Bluebell	Female	5	Burgundy
PR55150/BU/6	Bluebell	Female	6	Burgundy
PR55150/BU/7	Bluebell	Female	7	Burgundy
PR55150/BU/8	Bluebell	Female	8	Burgundy
PR55151/BL/3	Betsy	Female	3	Blue
PR55151/BL/4	Betsy	Female	4	Blue
PR55151/BL/5	Betsy	Female	5	Blue
PR55151/BL/6	Betsy	Female	6	Blue
PR55151/BL/7	Betsy	Female	7	Blue
PR55151/BL/8	Betsy	Female	8	Blue
PR55151/BU/3	Betsy	Female	3	Burgundy
PR55151/BU/4	Betsy	Female	4	Burgundy
PR55151/BU/5	Betsy	Female	5	Burgundy
PR55151/BU/6	Betsy	Female	6	Burgundy
PR55151/BU/7	Betsy	Female	7	Burgundy
PR55151/BU/8	Betsy	Female	8	Burgundy
PR55152/BL/6	Albert	Male	6	Blue
PR55152/BL/7	Albert	Male	7	Blue
PR55152/BL/8	Albert	Male	8	Blue
PR55152/BL/9	Albert	Male	9	Blue
PR55152/BL/10	Albert	Male	10	Blue
PR55152/BL/11	Albert	Male	11	Blue
PR55152/BL/12	Albert	Male	12	Blue
PR55152/BU/6	Albert	Male	6	Burgundy
PR55152/BU/7	Albert	Male	7	Burgundy
PR55152/BU/8	Albert	Male	8	Burgundy
PR55152/BU/9	Albert	Male	9	Burgundy
PR55152/BU/10	Albert	Male	10	Burgundy
PR55152/BU/11	Albert	Male	11	Burgundy
PR55152/BU/12	Albert	Male	12	Burgundy

1 Sock-Assist

Unique features make this the most extraordinary sock aid on the market.

The easy-to-use Sock-Assist lays flat on the floor, accommodates feet and calves of all sizes, has a nonstick surface and pulls the sock up the calf instead of releasing it at the ankle. Its innovative design allows easy donning of socks or knee-high nylons using one or two hands. Also works with elastic compression knee high socks or stockings.

It's the unusual-looking features that make this sock aid so effective:

- Two side wings keep the sock on the Sock-Assist until it is released on the calf.
- Centre tongue helps ease the sock onto the device.
- Flexible polypropylene "gives" to accommodate socks.
- Flat bottom surface prevents the Sock-Assist from rolling.
- Wide foot bed accommodates average to wide feet.
- Contoured side walls help hold the sock on the device.
- Rear flares prevent the cord from rubbing against the skin.
- Textured surface prevent skin from sticking to the sock aid.
- Cord handle can be cut or looped to adjust length.

PR55006 With Loop Handle

PR55024 With Two Cord Handles

2 Tights Aids

A one-piece flexible aid for panty hose, with webbing handles attached. The plastic blade is shaped to hold the panty hose until they can be pulled up within reach. Very lightweight, and easy to use. Handle can be adjusted if necessary.

PR55320

3 Luxury Stocking Aid

This luxury stocking device is particularly useful for putting on socks or stockings. Strong wire, tong style easy to grip, telescopic handles, and cleverly shaped bendable gutter so socks or stockings can slip over straight on to the foot. This easy and efficient, handy device has a friction aided heel pad.

PR55318

4 Sock/Stocking Aid

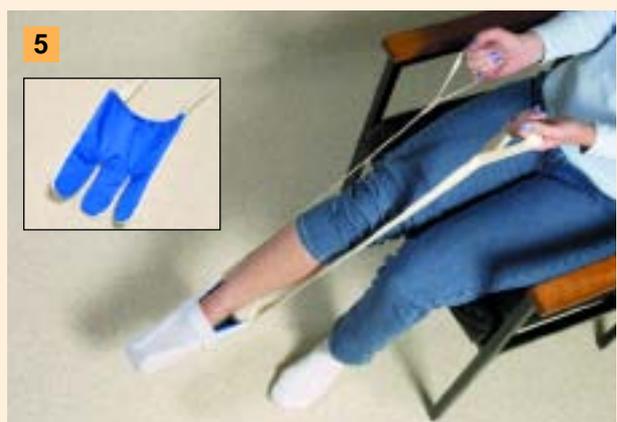
The unique shape of the flexible Sock Aid keeps socks on the aid until the sock is pulled all the way onto the foot. The pliable trough is easy to bend. The soft plastic aid rolls into the sock and creates an opening for the foot. The loop handle measures 910mm (36") long. Requires the use of two hands.

PR55319

5 Easy-Pull Sock Aid

Foot slides easily on the nylon lining while the sock remains secure. The flexible plastic core of the Easy-Pull Sock Aid allows people with the use of just one hand to shape the trough easily. Large loop handles at the end of the strong, 810cm (32") straps are great for persons with weak grasps. Nylon lining allows foot to slide easily along the trough. Terry cloth outer covering keeps the sock or stocking securely on the sock aid. Slits in the plastic core allows for contour bending around the heel. Compact, lightweight and hand washable.

PR55005





1

1 Plastic Shoehorn With Hook

Hooked handle offers a comfortable hold for fingers and may be used to pull up socks or aid dressing. Measures 410mm (16 1/4").

PR55028



2

2 Good Grips Shoehorn

This shoehorn offers an extended reach and a secure, cushioned grip.

The built-up handle is made of a latex free, rubber-like material and features flexible ribbing that adapts to any grip. This handle is so unique, it carries a U.S. Patent. People who have limited mobility and difficulty bending over will appreciate the extra-long design. Available in 3 different lengths. The textured surface prevents the foot from sticking to the shoehorn, helping it slide easily into the shoe. Handle diameter is 38mm (1 1/2").

PR55010 Length 460mm (18")

PR55011 Length 610mm (24")

PR55012 Length 760mm (30")

3 Shoe Remover

Remove shoes effortlessly with the Shoe Remover. This product is ideal for persons with a limited range of motion or those who have difficulty bending over. Made of sturdy plastic. Not suitable for clients who have had total hip replacements or restricted hip abduction. Colour may vary.

PR55029



3

4 Compression Stocking Aid

This Compression Stocking Aid is designed to take the struggle out of putting on Compression Stockings. It is made of steel with a smooth plastic coating. Convenient handles greatly assist in pulling the stockings up. Simply stretch the stocking over the column, insert toes and pull up with a continuous motion. Stocking Aids reduce bending and increase independence whilst dressing. The inside column width is 100mm (4").

PR55321



4

5 Heel Guide Compression Stocking Aid

Now the easiest way to put on compression hosiery. Unique indented channel on the inside of the centre cone acts as a heel guide and keeps the foot in perfect position while effortlessly pulling on the compression hose. Extra wide cone is ideal for people with edema or larger feet. Sturdy handles, 432mm (17") high, reduce the need for bending or stretching. Handles also feature 3 grips to accommodate different heights and sizes. Easy to assemble and can be taken apart for travelling.

PR55322



5

1 Bed Socks

These protect your feet from the cold but do not apply pressure or restrict circulation. They can be worn in bed or just for lounging. Supplied in pairs. Wash by hand. Do not tumble dry.

PR55033/M **Medium - Size 4-6**

PR55033/L **Large - 7-11**



2 Heel Protectors

These protect sore and delicate heels and ankles. There are no raised seams around the heel area. Supplied in pairs. Universal. Wash by hand. Do not tumble dry.

PR55034



3 Elbow Protectors

These offer protection for your elbows, perfect for those prone to scuffing and sores. Supplied in pairs. Universal. Wash by hand. Do not tumble dry.

PR55035



4 Fleece Slippers

These offer complete support and protection for your feet, perfect for those prone to scuffing and sores. Supplied in pairs. Wash by hand. Do not tumble dry.

PR55419/4-6 **Small - Size 4-6**

PR55419/7-9 **Medium - Size 7-9**

PR55419/10-13 **Large - Size 10-13**





1 Shoehorn And Dressing Aid

Handy device combines a dressing stick and a shoehorn. Ideal for people whose reach, dexterity or ability to bend is limited due to arthritis of back/leg injuries. Designed with a push-pull S-hook at one end, and a long-handled shoehorn at the opposite end. Hook end can be used to help put on pants, sweaters, socks and other articles of clothing, or to reach clothes hangers on high closet rods. Device is available in two lengths, 610 or 760mm (24 or 30"). Made of durable plastic with a smooth surface and rounded edges. Handle measures 32mm (1¼") in diameter and has a soft, built-up foam that covers its entire length.

	Length	Weight
PR55013	610mm (24")	147g (5.2 oz.)
PR55014	760mm (30")	184g (6.5 oz.)



2 Clear Zipper Pull

Add a discreet handle to zippers. The Clear Zipper Pull clips to zipper tabs to make grasping easier. Clear nylon loop is inconspicuous. Place thumb or finger in loop and pull for easy opening and closing. Can be removed and placed in a pocket or purse. Loop measures 170mm (6½") long. No pinch is required. Sold in package of 3.

PR55018



3 Good Grips Button Hook

Get a secure, cushioned grip on hard-to-grasp buttons. The soft, cushioned grip of the Good Grips Button Hook makes the sometimes difficult task of buttoning clothes easy. The built-up handle is made of rubber like material and features flexible ribbing that adapts to any grip. This handle is so unique, it carries a U.S. patent. The length of the handle measures 110mm (4¼"), and the total length measures 160mm (6¼"). Diameter of handle is 38mm (1½").

PR55020



4 Ring Zipper Pull

Large loop attaches to small zipper tabs. Hold onto zippers more easily with the Ring Zipper Pull. Ideal for persons with arthritis, limited dexterity or poor pinch. The 25mm (1") diameter ring hooks onto regular zipper tabs. Sold in package of 6.

PR55021



5 Dressing Stick

Essential for anyone who has difficulty bending, a limited range of movement, or the use of only one arm or hand. A plastic coated combination hook/pusher assists in putting on shirts and jackets, pulling up slacks or skirts, or removing socks. The small hook on the opposite end aids in pulling zippers and shoelace loops. Length 609mm (24")

PR55030



Dressing Stick

1 Bra Angel

Designed by an Occupational Therapist, to assist women who find it difficult to bring both ends of a brassiere together when dressing.

- Simple to use
- One size fits all
- Light, durable and latex free
- Can be used with most brassiere types
- Telescopic action adjusts easily for size and shortens it for storage and traveling

PR55032

2 Body Care Long Handled Combs And Brushes

Brush or comb hair more easily with a longer handle. Ideal for persons with limited arm reach or hand movement. These brushes and combs have extended handles that provide easy access to hard-to-reach places at the back of the head. Firm bristles and contour design provide better contact when brushing or combing.

Brush	Length.
PR45041 Short	300mm (11½")
PR45042 Long	360mm (14")
Comb	Length
PR45039 Short	310mm (12")
PR45040 Long	370mm (14½")

3 Body Care Nail File Holder

Rubber handle holds nail file and fits comfortably in the hand. Ideal for people who have limited grasp. The Body Care Nail File Holder has a soft rubber handle that holds the nail file safely and securely. Measures 120mm (4¾") long.

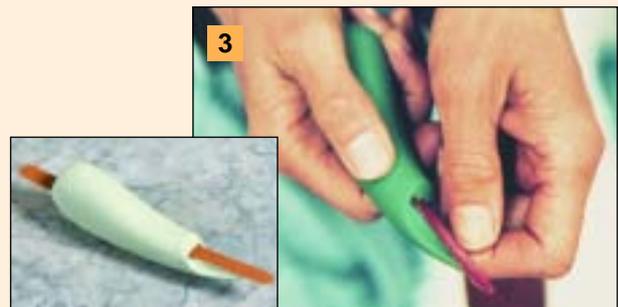
PR45030

4 Long Handled Comb & Brush

Ergonomically designed personal care products featuring our own "Lifestyle Essentials" anti-slip handles. Allows you to take care of your own grooming needs. These products are designed to provide maximum reach with minimum effort. The carefully designed handle fits snugly in the hand to stay in place when in use. Easy to clean as they can be fully immersed in water. Non-absorbing, so quick drying. Latex free.

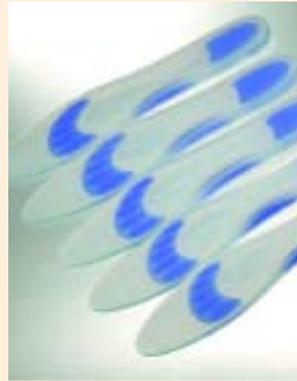
PR45014 Long Handled Comb - Length 380mm (15")

PR45015 Long Handled Brush - Length 350mm (14")





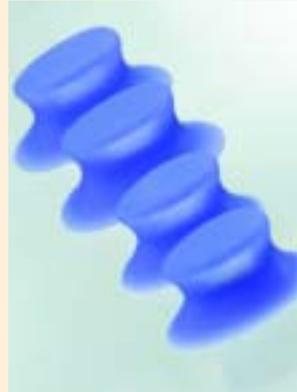
Epoda Dual Heel Pad



Epoda Full Insole



Epoda Dual Heel Cups



Epoda Toe Separators

Shoe Sizes:

Small	4-5
Medium	6-7
Large	8-9
X Large	10-11
XX Large	12-13

1 Epoda Footcare Range

The Epoda range of heel and foot insoles is manufactured from silicone and designed to alleviate pressure at vulnerable areas of the foot. The heel pads and heel cups have a dual density pad for extra pressure absorption. Blue coloured areas offer additional softness providing extra comfort, which is ideal for the alleviation of problems caused by heel strike.

The anatomically shaped inserts reduce impact on joints and the vertebral column, lessening the strain on ligaments, muscles and the Achilles tendon. The Epoda range can be used in most sports or normal shoes, is durable and easy to clean, and is cost effective as the insoles can easily be transferred between several pairs of shoes. The range can also be cut to size giving a 'tailored' fit to most items of footwear. All the products come in pairs and are presented in attractive retail packaging.

PR/EPB/53	Epoda Dual Heel Pad 5mm small
PR/EPB/55	Epoda Dual Heel Pad 5mm medium
PR/EPB/57	Epoda Dual Heel Pad 5mm large
PR/EPB/58	Epoda Dual Heel Pad 5mm Xlarge
PR/EPB/83	Epoda Dual Heel Pad 8mm small
PR/EPB/85	Epoda Dual Heel Pad 8mm medium
PR/EPB/87	Epoda Dual Heel Pad 8mm large
PR/EPB/88	Epoda Dual Heel Pad 8mm Xlarge
PR/EPB/103	Epoda Dual Heel Pad 10mm small
PR/EPB/105	Epoda Dual Heel Pad 10mm medium
PR/EPB/107	Epoda Dual Heel Pad 10mm large
PR/EPB/108	Epoda Dual Heel Pad 10mm Xlarge
PR/EPCB/03	Epoda Dual Heel Cups - small
PR/EPCB/05	Epoda Dual Heel Cups - medium
PR/EPCB/07	Epoda Dual Heel Cups - large
PR/EPCB/08	Epoda Dual Heel Cups - Xlarge
PR/EPF/03	Epoda Full Insole - small
PR/EPF/05	Epoda Full Insole - medium
PR/EPF/07	Epoda Full Insole - large
PR/EPF/08	Epoda Full Insole - Xlarge
PR/EPTS/04	Epoda Toe Separators - S/M Pack of 2
PR/EPTS/06	Epoda Toe Separators - L/XL Pack of 2



2

2 Silipos Digital Toe/Finger Caps

Fully lined with Silipos polymer gel, the digital cap is ideal for all-round digital protection. Widely used in sports for pressure and friction protection and can be used to protect over /under lapping toes. The caps are long enough for fingers or can be cut to size, fabric will not fray when cut. Average cap length: 65mm (2.5").

PR55100	Mini 6 pack
PR55101	Small / Medium 6 pack
PR55102	Large / X Large 6 pack



4

3 Silipos Digital Toe Pads

Fully lined with Silipos polymer gel, the digital toe pads are ideal for all-round digital protection. Widely used in sports for pressure and friction protection and can be used to protect, cushion and condition areas affected by corns and calluses.

PR55103	Mini 5th toe 12 per pack
PR55104	Small / Medium lesser toes or fingers 12 per pack
PR55105	Large / X Large big toe or thumb 12 per pack

4 Bunion Care Gel Sleeve

The Bunion Care Gel Sleeve is lined with a soft polymer pad that covers the inflamed area, it relieves pressure, allowing inflammation to subside. The Bunion Care Gel Sleeve is designed to cushion and protect the painful bunion bone protrusion by absorbing pressure, friction and shear forces. The silipos gel diffuses a medical grade mineral oil to soften and moisturise the tender skin while providing extra cushioning and protection of the bunion.

PR55106	Small / Medium 1 per pack
PR55107	Large / Extra Large 1 per pack

1 The Hipshield

Reducing the risk of hip fractures in the elderly, or for post operative care

The Hipshield can help to prevent a fall becoming an injury and is designed to absorb and deflect impact away from the hipbone. The Hipshield itself is discreet and comfortable to wear and inside the protector is a lightweight honeycomb structure that compresses on impact. The Hipshield just slips into a pair of protector pants and is unobtrusive beneath skirts or trousers.

Pants are available in two styles, male and female, in six sizes based on waist measurement. Made of 95% cotton, each pair has internal pockets that you simply 'slip' the Hip protector into before putting on the garment. Suitable for day or nightwear the Hipshield is available in 'single' or 'triple pack'.

The triple pack contains three knickers/pants plus two Hip protectors.

The single pack contains one knickers/pants plus two Hip protectors.

The perfect solution, one pair to wear, one in the wash and one spare! For sizing see chart below:

Size	Female Waist size	Single pair	Triple pack
Small	660-710mm (26-28")	PR20300	PR20300-3
Medium	710-760mm (28-30")	PR20301	PR20301-3
Large	760-800mm (30-32")	PR20302	PR20302-3
X-Large	810-860mm (32-34")	PR20303	PR20303-3
XX-Large	860-910mm (34-36")	PR20304	PR20304-3
XXX-Large	910-960mm (36-38")	PR20320	PR20320-3

Size	Male Waist size	Single pair	Triple pack
Small	760-810mm (30-32")	PR20305	PR20305-3
Medium	830-890mm (33-35")	PR20306	PR20306-3
Large	910-960mm (36-38")	PR20307	PR20307-3
X-Large	990-1040mm (39-41")	PR20308	PR20308-3
XX-Large	1060-1120mm (42-44")	PR20309	PR20309-3
XXX-Large	1110-1160mm (44-46")	PR20321	PR20321-3

Washing

The Hipshield protectors should be hand washed with warm soapy water and be left to dry. This normally takes around 10 minutes.

The Undergarments may be washed by hand or in a washing machine at 60° or less.

